

LUNCH MENU

SANDWICHES

House made focaccia, ciabatta, GF bread available

"Copper Beef Dip," house roasted VT beef, provolone, house made Chicago-style giardiniera, horseradish aioli on ciabatta, served with a side of beef gravy for dipping (served hot) 16-

"The Reuben," corned beef, swiss cheese, sauerkraut, russian dressing, grilled on marbled rye (served hot) 16-

"The Jersey," olive oil fried chicken cutlet, lightly breaded with herbs and parmesan, with Prosciutto, roasted red pepper, fresh mozzarella, pesto, oil & vinegar on ciabatta (served hot) 16-

"The Waterside," herb roasted chicken, bacon, avocado, Cabot cheddar, ranch on ciabatta (served hot) 16-

"Caprese," heirloom tomato, fresh mozzarella, basil pesto, greens, balsamic reduction on focaccia 14- add Prosciutto 3-

"Stonewood Turkey," house brined & roasted VT Stonewood turkey, Brie, greens, green apple, chipotle mayo, pickled onions on ciabatta (served hot) 16-

"The Roast," house roasted VT beef, herb roasted tomato, caramelized onion, roasted garlic dijonnaise, arugula on ciabatta 16-

"Vegetarian Wrap," fresh local organic veggies: shredded carrots, cucumber, tomato, red peppers, pickled red onions, hummus on a wrap (GF available) 14-

"Carrot BLT," vegetarian carrot "bacon," lettuce, tomato, tarragon aioli on toasted sourdough 15- add avocado 3-

"Tomato & Bacon Grilled Cheese," heirloom tomato, bacon, Cabot cheddar, grilled on sourdough (served hot) 13-

SOUPS

Served with house made rosemary focaccia

8 oz \$6-\$10 12 oz \$9-\$15 32 oz \$18-\$26

Daily Soups:

Thai Chicken Coconut Curry, chicken breast (GF/DF) Chicken Turmeric & Lemongrass (GF/DF)

Rotating selection of two additional soups per day:

Southwest Beef Chili (GF/DF) Butternut Squash Apple Bisque (GF/DF/Vegan) Tomato Fennel Basil (GF/DF) Sweet Corn Chowder (GF/Vegan) Braised Beef & Wheatberry (DF) German Lentil (GF/DF/Vegan) Lobster Bisque White Bean Potato Rosemary (GF/DF) Sweet Potato Coconut Curry (GF/DF/Vegan)

1/2 sandwich & cup of soup 15-(excludes lobster bisque & the lobster roll)

SALADS & BOWLS

Add chicken, shrimp or fish to any salad or bowl 10-

Shaved Kale & Brussels Sprout Caesar, kale, brussels sprouts, shaved parmesan, house made croutons, caesar dressing 12-

Arugula & Baby Spinach, beets, green apple, toasted pecan, chèvre, balsamic ginger vinaigrette 12-

Harissa Sweet Potato Bowl, harissa roasted sweet potatoes, roasted chickpeas, kale, pickled onions, spiced pepitas, lemon tahini vinaigrette 14-

FROZEN PREPARED MEALS AVAILABLE FOR GRAB & GO ROTATING MENU - CHECK OUR WEBSITE FOR CURRENT OFFERINGS

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